

# WRITE FOR RIGHTS

## NORWAY

### John Jeanette Solstad Remø



#### SEEKING LEGAL RECOGNITION OF HER GENDER

John Jeanette Solstad Remø is 65 years old and says 'I have been transgender all my life.' Sadly she had to hide and suppress this for many years.

In Norway, transgender people wishing to legally identify themselves by their chosen gender can only do so by completing a 'real sex conversion'. This involves psychiatric diagnosis and compulsory medical treatment, including surgery and mandatory sterilisation. John Jeanette does not want to go through this.

Her right to a private life is violated on a daily basis. Her identity documents indicate that she is male, so whenever she presents them – at the library or the pharmacy or staying at hotels – she faces lengthy questioning.

Legal gender recognition for John Jeanette would mean 'that I would be seen as the person that I feel on the inside.'

■ [www.amnesty.org.uk/johnjeanette](http://www.amnesty.org.uk/johnjeanette)



'When you have to spend your whole life trying to be who you really are but still get referred to as a man by public bodies and in everyday life, you never get to move on from that part of your past.'

**John Jeanette Solstad Remø**

#### SEND AN ONLINE SOLIDARITY MESSAGE:

[jsolstadrem@gmail.com](mailto:jsolstadrem@gmail.com)

- **Preferred language** Norwegian or English
- **Salutation** Dear John Jeanette
- **Suggested message** We support your campaign to be legally recognised as who you are.
- **Additional information** Please tell John Jeanette about any actions taken and offer moral support.

#### CAN I

- Send a religious card or message?**
- Send an Amnesty card or mention Amnesty?**
- Include my name and address?**
- Download the message in another language?**

#### SEND AN APPEAL LETTER TO:

**Urge the Minister of Health and Care services to allow John Jeanette Solstad Remø to have her gender legally recognised.**

**Write to:** Bent Høie  
Minister of Health and Care Services  
Ministry of Health and Care Services  
PO Box 8011 Dep  
0030 Oslo  
Norway

**Email:** [postmottak@hod.dep.no](mailto:postmottak@hod.dep.no)  
**Online:** [www.facebook.com/helseogomsorgsdepartementet](http://www.facebook.com/helseogomsorgsdepartementet)  
[www.twitter.com/helse\\_og\\_omsorg](http://www.twitter.com/helse_og_omsorg)

**Salutation:** Dear Minister

#### In your letter:

- Call on the Minister of Health and Care to allow John Jeanette Solstad Remø to change her legal gender on official documents issued by the state.
- Urge him to introduce a legislative proposal for enabling transgender people to obtain legal recognition in accordance with their own sense of gender identity.
- Ask him to abolish the requirement for transgender people to be sterilised before they can obtain legal gender recognition.