



## RESOURCE SHEET 12

### Ideas to get you started

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Read the Universal Declaration of Human Rights summary version. These rights are universal but the struggle to defend them happens around the world. Which rights are threatened in your school, your community and in the UK? Take one article from the UDHR as the starting point for a poem about a local experience.

Look at some of the poetry written by children and young people for a UNHCR Canada competition.  
[http://unhcr.ca/beta/wp-content/uploads/2014/10/poetry\\_book.pdf](http://unhcr.ca/beta/wp-content/uploads/2014/10/poetry_book.pdf)

### Human Rights Defenders

Watch the video of Parween's experience of being a human rights defender and note down how you feel as you listen. Think about physical sensations as well as emotions. Use this wordbank to develop a poem.  
[www.amnesty.org.uk/parweens-story](http://www.amnesty.org.uk/parweens-story)

Look at the 'Talk to me not about me' picture at [www.amnesty.org.uk/talktome](http://www.amnesty.org.uk/talktome)

Make a list of questions that you would ask the woman. Use these questions to develop a poem.

### Torture

Write a poem from the perspective of an object used to commit torture.

[www.amnesty.org.uk/stop-torture-posters](http://www.amnesty.org.uk/stop-torture-posters)

[www.amnesty.org.uk/torture](http://www.amnesty.org.uk/torture)

Read the letter of appreciation written by Moses Akatugba. At 16, he was sentenced to death in Nigeria – and Amnesty campaigned for his release. Copy individual words onto Post-it notes and group them together in different ways. Use these words as a starting point for a poem.

[www.amnesty.org.uk/moses](http://www.amnesty.org.uk/moses)