



Amnesty International

RESOURCE SHEET 2

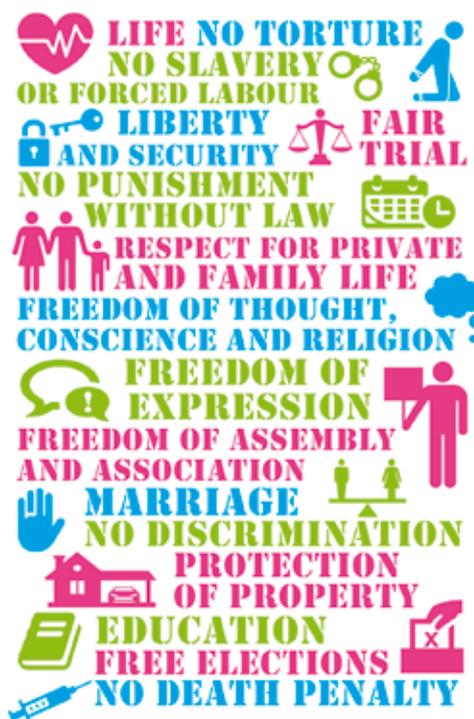
Human Rights in the UK

THE HUMAN RIGHTS ACT

The Human Rights Act (HRA) is a law that protects us all from having our human rights taken away by the state. It protects every one of us.

If you're lucky you might never be directly aware of the protection the Act gives you – which means it's doing its job. It's an invisible safety net for all of us, working silently to ensure our rights are respected. It's also a crucial shield and sword for the most vulnerable: for instance, women fleeing domestic violence, older people in care homes and the disabled seeking proper support. It protects the sort of rights you don't necessarily think about, like...

- ... your right to practise your religion freely.
- ... your right not to be tortured or treated in a way which is cruel or humiliating.
- ... your right to freedom of expression.
- ... your right not to be treated as a slave.
- ... your right to respect for your private and family life, your home and your letters, emails and phone calls.
- ... your right not to be treated unfairly in the enjoyment of your rights because of your age, race, religion, sex, disability or any other status.



KEEP THE ACT

Our new government wants to scrap the Act, and bring an end to universal human rights in the UK. Amnesty International is one of many organisations who have joined together to Save the Human Rights Act. To find out more and add your voice to the campaign visit keeptheact.uk