



esWelcome
**REFUGEES
WELCOME**



#RefugeesWelcome
**REFUGEES
WELCOME**
Amnesty International



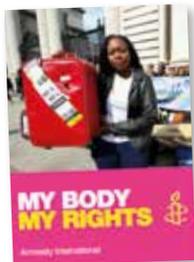
esty
**LOCAL
GROUPS
PLANNING
PACK
2016**



RESOURCES

All available to order from MDA on 01788 545 553 or amnesty.org.uk/resources

MY BODY MY RIGHTS



MBMR campaign leaflet (A5, featuring fold out map)

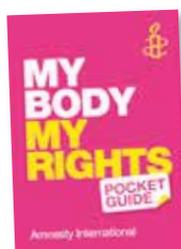
Product code: MBM005



MBMR stickers

(20 stickers per sheet)

Product code: MBM006



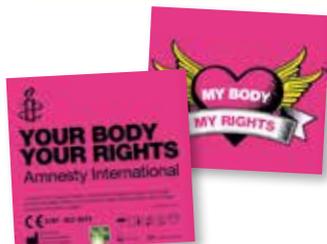
MBMR pocket guide (A7)

Product code: MBM013



MBMR temporary tattoos

Product code: MBM009



MBMR branded condoms

Product code: MBM010

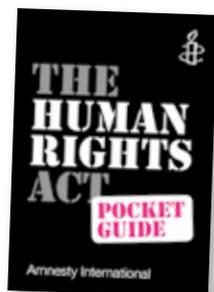
HUMAN RIGHTS ACT



HRA badges

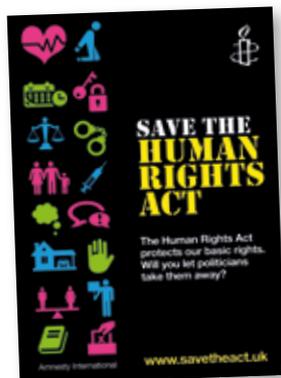
Product code: HRA004 (pink)

Product code: HRA005 (blue)



HRA pocket guide

Product code: HRA002



HRA poster

The protections the Act gives us all, with examples of people it has helped.

Product code: HRA003



HRA stickers

(20 stickers per sheet)

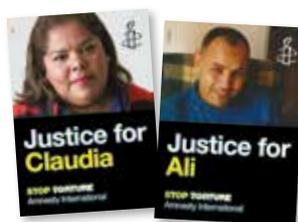
Product code: HRA006

STOP TORTURE



Stop Torture Campaign Pack:

Product code: STOPT01



Claudia Medina Action Card:

Product code: STOPT03

Ali Aarrass Action Card:

Product code: STOPT04

Claudia Medina Casesheet:

Product code: STOPT08

Ali Aarrass Casesheet:

Product code: STOPT09



Stop Torture Stickers Sheet (15 stickers per sheet):

Product code: STOPT13



Stop Torture Poster (A2):

Product code: STOPT14



Stop Torture A5 Leaflet:

Product code: STOPT15

Stop Torture A3 Placard:

Product code: STOPT16



EU Tools of Torture

Flashcards:

Product code: STOPT17



'Don't turn a blind eye to torture' Stickers Sheet (4 stickers per sheet):

Product code: STOPT18

Top Tips for your 2016 planning meetings

- **Celebrate what you've already achieved:** list your events and successes over the last year
- **Work in small groups:** give each group a couple of questions – then open up for a full discussion.
- **Change your routines:** would a different venue/time/weekday for meetings attract new people? Would different events reach a new audience?
- **Find out what members want to do:** plan events that allow them to contribute in a way that suits them.
- **Be prepared:** Plan an agenda, all the materials you need, or an opening presentation. Or ask a trainer to facilitate.
- **Use the enclosed calendar:** add local events as well as your own meetings. This will help link campaigns to events and avoid clashes.

WELCOME TO LOCAL GROUPS PLANNING PACK

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Dear local group

The Amnesty community is growing, with over eight million supporters, members and activists in over 150 countries and territories. That includes over 500,000 in the UK – and that makes you one of the many who campaign to end grave human rights abuses.

Some of these members and supporters are near you. As well as Amnesty staff, there are individual supporters, regional representatives, group members (youth, student and local), trainers, school speakers, country co-ordinators, network members, regional media support officers, social media advocates and many others.

Here are three things you can do this year:

- Build relationships with your politicians, media and community (Remember, MPs take special note of constituents' views)
- Work with other Amnesty activists and groups – this will mean more impact
- Plan well ahead for priority campaigns eg Write for Rights

If we have learnt anything in the past 50 years, it is that our voices together make a difference. Thanks to activists' work, Shaker Aamer has been returned to his family in the UK. And after your extensive lobbying, the European Parliament voted overwhelmingly (630-30) to close loopholes in the EU law that prohibits the trade in torture equipment.

Please don't hesitate to ask your regional representative, staff members or country co-ordinators to deliver a talk, provide training or help you in other ways to add more local voices to the global struggle for human rights.

This planning pack aims to help your group have an impact in your community and involve as many people as possible to achieve our shared goal of a world where human rights are enjoyed by all. The pack should help you plan your main activities. We will send updates and more specific details through the local groups monthly emails (except in January and August). Please get in touch with feedback so we can learn and share, and of course with any questions.

We look forward to hearing from you.



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Community Organiser
- local groups
farshid.talaghani@amnesty.org.uk



Sameena Matthiessen
North West Regional
Representative
sameena.dk@yahoo.com

THE GUIDE TO AMNESTY'S PRIORITY CAMPAIGNS

Campaigning in 2016

In 2016, we will be introducing two new global campaigns:

- People on the Move (launch mid-September 2016)
- Protecting the Space for Human Rights Defenders (launch January 2017)

We will be phasing out two priority campaigns:

- Stop Torture
- My Body My Rights

We will continue our final phase of work on these global campaigns until 30 May 2016.

We will also continue to work on:

- Our flagship programme Individuals at Risk
- The Human Rights in the UK campaign, including Save the Human Rights Act
- The crisis in Syria and Israel and the Occupied Palestinian Territories
- Other emerging issues and human rights crises.

We will update you on all these campaigns throughout the year.

NEW CAMPAIGN: PEOPLE ON THE MOVE

Around the globe, 60 million people have been displaced – 19.5 million of them outside their own countries – because of war, conflict and persecution. This is the highest level of displacement in history, according to the United Nations High Commission for Refugees.

The response of world leaders, particularly from the world's richest countries, to this unprecedented multiple refugee crises is a catastrophic failure. Ultimately, refugee crises end when their root causes are addressed, and states should seek to end conflicts and widespread human rights abuses. But these goals are difficult to achieve and take time. There are things the world's richest countries can do more immediately to lessen the devastating impact of the global refugee crisis.

In many countries, political considerations regularly take precedence over the lives of refugees and migrants, leaving thousands to die on dangerous journeys that could have been avoided. To address this issue, a global approach to the problem is needed.

We will launch a priority campaign in September to provide more impetus and support for our calls in this area, building on the ongoing work of our Refugee and Migrant Rights programme and our recent involvement in the Syrian refugee resettlement and SOS Europe campaigns, and the activist-led Asylum Justice Project.

- The first focus of this campaign is on refugees and migrants whose lives are at risk in transit. This strand is focused on the protection of people. No matter what an individual's status is, states must take relevant proactive action to ensure the safety and security of people who feel they must leave their countries.
- The second focus will look at barriers to access with regards to asylum for those refugees and asylum seekers entering or within the asylum process.

Given the complexity of the issues, great care will also be taken to ensure that Amnesty continues to visibly promote the rights of those who have protection needs that do not neatly fall within the 1951 Geneva Convention refugee definition.

The campaign goal will be to ensure people on the move are afforded the protections they need during transit, and just and durable solutions to the refugee crisis are put in place.

DIARY DATE

Campaign launch September 2016

NEW CAMPAIGN: PROTECTING THE SPACE FOR HUMAN RIGHTS DEFENDERS

We are witnessing a global trend of restricting civil society freedoms, often in the name of national security. Across the world human rights defenders (HRDs), both individuals and groups, are being targeted and now face growing restrictions on funding, status and freedom to operate designed to curtail their crucial activities.

HRDs are increasingly being targeted and attacked through restrictive national laws, policy and practice instead of being supported and seen as critical representatives in the struggle for human dignity, fairness, equality, respect and autonomy – all bedrocks of the human rights enshrined in the Universal Declaration on Human Rights.

HRDs, often at a high risk to themselves, challenge and denounce abuse, injustice and discrimination wherever they see it and fight for perpetrators to be held to account.

DIARY DATE

This campaign will be developed through 2016 with a launch set for January 2017.

The focus of the campaign is for robust political and legal mechanisms in key strategic countries to ensure comprehensive protection for HRDs by urging governments/ states:

- To establish protection mechanisms where none exist
- To fully implement protection mechanisms at the international, regional and national level, that include the obligation to protect HRDs against any type of violence, threat, reprisal, discrimination or pressure
- To provide effective remedy when HRDs are the victims of human rights abuses
- To prevent and halt the proliferation of restrictive and repressive legislation and policies that unjustly restrict, criminalise and silence HRDs.

WHAT ARE HUMAN RIGHTS DEFENDERS?

Human rights defenders are individuals, groups or organisations who stand up for the human rights of others through peaceful means.



Delegates at the North West Conference take part in a 'Refugees are Welcome Here' street action



The Wirksworth group collected photos for a petition to protect Afghan human rights defenders

THE GUIDE TO AMNESTY'S PRIORITY CAMPAIGNS

STOP TORTURE (campaign runs until May 2016)

■ www.amnesty.org.uk/stoptorture

Torture is the ultimate corruption of humanity. It is illegal, barbaric and can never be justified. For more than 50 years, Amnesty International has been fighting to stamp out torture. Thirty years ago we led the way in securing a global ban on torture. Now we are campaigning for governments to fulfil this promise – and end widespread torture.

CAMPAIGN OBJECTIVES

The global campaign continues to focus efforts on five countries: Mexico, Morocco, Nigeria, Philippines and Uzbekistan. There are objectives for each country with work led by staff and country co-ordinators.

Key for our section is Mexico, with the aim of ensuring all allegations of torture are thoroughly investigated. In August 2015, Mexico introduced a new process for investigating torture: this is progress but we need to ensure it is applied and monitored effectively.

For each country, an individual torture victim is at the heart of our campaign. We are seeking improvements in their specific cases, while highlighting systematic failures that allow torture to occur in their countries.

For more information on these cases:

amnesty.org.uk/claudia
amnesty.org.uk/ali
amnesty.org.uk/alfreda
amnesty.org.uk/dilorom

Amnesty UK will also focus on the following for the remainder of the campaign:

- The damning US report on CIA torture which revealed how it used degrading and cruel treatment against detainees. We still don't know how deeply the UK was involved, but Shaker Aamer's allegations that M15 were in the room highlight the need to establish a judge-led inquiry into UK involvement in torture and other human rights abuses of individuals detained overseas in counter-terror operations.
- In a major achievement, the European Parliament voted by a huge majority to close loopholes in the law controlling the trade in torture equipment. We now need to persuade EU member states to get on board with the European Parliament's position – and agree the final text before it becomes law.
- We need to ensure more tangible improvements are made in cases of alleged torture of UK nationals or residents.

WHAT YOUR GROUP CAN DO

- Letter writing: to both global campaign targets and the UK government
- Action cards: for the priority individual cases
- Online actions: these change during the campaign
- Lobbying: to get your MP to support our call for a new UK torture inquiry
- Support the priority cases: sign up for a casefile for one of the priority cases
- Events and stalls: use the campaign materials to raise awareness and take action in your communities
- Watch and share the campaign film: view at www.amnesty.org.uk/torturelowdown

KEY CAMPAIGN DATES

February: Release of activist briefing – focus on the UK
April: Release of report on sexual torture in Mexico
May: End of the campaign

HELP, ADVICE AND INFORMATION

Get support for your campaigning from activism@amnesty.org.uk or **020 7033 1675**. For resources, see page 2. Online actions, videos and background information can be found at www.amnesty.org.uk/stoptorture

30 May 2016: The global Stop Torture campaign concludes. Ongoing work on prevention of torture will continue through country and Individuals at Risk work.

Mexico

7,000 complaints in three years.
Only **seven** convictions at federal level, ever.



Members of the Bristol group hold a demonstration for the Stop Torture campaign, handing out leaflets and action cards

MY BODY MY RIGHTS (campaign runs until May 2016)

■ www.amnesty.org.uk/mbmr

All over the world, people are coerced, criminalised and discriminated against, simply for making choices about their bodies and their lives. My Body My Rights global campaign will continue to defend sexual and reproductive rights for all. In the UK, we're going to focus on access to abortion and contraception and information.

CAMPAIGN OBJECTIVES

We all have the right to make decisions about our own health, body, sexuality and reproductive life, without fear, coercion, violence or discrimination. But all over the world, people's freedom to make these decisions is controlled by the state, medical professionals, even their own families, and criminal law and punitive sanctions are used. In the end, many people are prevented from making any choice at all.

Influencing the global debate is crucial, given recent and continued regressive moves by some states at the international, regional and national level to curtail people's sexual and reproductive rights. We will campaign to decriminalise abortion, address discriminatory laws and increase access to sexual and reproductive health services, including contraception and information. The campaign focuses on some priority countries where states encroach on these rights.

- In **Burkina Faso** the high cost of contraception is just one barrier for women and girls trying to make decisions about their lives. Forced early marriage is common: most girls are married by the age of 19 (some as young as 10), and nearly half of all young women are mothers. In some cases a woman needs permission from her husband or in-laws to use contraception.



The Wandsworth group's 'Embassy crawl' tackled issues around the My Body My Rights campaign, leading supporters to six embassies where ambassadors were asked to make changes

- In **El Salvador** abortion has been illegal since 1998, with no exceptions, even in cases of rape, incest or when the life of the women is in danger. Women found guilty of terminating their pregnancies, often miscarriages or botched abortions, face long jail sentences. Yet unsafe abortions are common, with 11 per cent dying as a result.
- In **Ireland** abortion is banned except where there is a risk to life – but not to the health – of a women. Rape, incest and fatal foetal impairment are not recognised as grounds for termination. Each year about 4,000 women and girls travel from Ireland to the UK to have an abortion. Women risk 14 years in prison for having an unlawful termination.
- In **Northern Ireland**, women and girls do not have the same rights or access to abortion as women in the rest of the UK. The first clinic to offer abortions to women and girls in Northern Ireland was opened in Belfast by Marie Stopes in October 2012. Its staff have been subjected to intimidation and attempts to close the clinic.

Amnesty UK will:

- Call on governments and UN agencies to protect the sexual and reproductive rights of women and young people
- Put pressure on states to end discrimination and the use of criminal law to control sexuality and reproduction, and
- Alongside international partners, encourage supporters to speak out and demand change.

WHAT YOUR GROUP CAN DO

Campaign information will be included in local group monthly emails. Please plan events or meetings around key dates. You can also take part in ongoing campaign work and Individuals at Risk casework on sexual and reproductive rights through Urgent Actions.

KEY CAMPAIGN DATES

February/March/April: focus on Burkina Faso where discriminatory attitudes and high costs create barriers to women accessing contraception and sexual and reproductive services and information

March/April: focus on Ireland leading up to the Irish elections where an almost total ban on abortion puts women's lives at risk and has been severely criticised by UN bodies

HELP, ADVICE AND INFORMATION

Get campaigning support from activism@amnesty.org.uk or **020 7033 1675**. For resources please see page 2.

30 May 2016: The global MBMR campaign concludes. Ongoing MBMR work will continue through country and Individuals at Risk work.

THE GUIDE TO AMNESTY'S PRIORITY CAMPAIGNS

PROTECTING THE HUMAN RIGHTS ACT

■ www.amnesty.org.uk/issues/Human-Rights-Act

Current proposals to repeal the Human Rights Act (HRA) and replace it with a British Bill of Rights would almost certainly reduce human rights protections in the UK. They could limit who can rely on rights. They could also reduce our standing in the international community. Rights cannot be 'gifted' to those the government deems deserving. We all have rights because we are human. Amnesty International is campaigning to save the Act.

UK-WIDE CAMPAIGN OBJECTIVES

The HRA protects the human rights of everyone in the UK: it enables people to challenge violations of their rights by the government or any other public authority, without the time and expense of taking a case to the European Court of Human Rights in Strasbourg. The HRA has helped:

- Children with learning disabilities get support to travel to and from school
- Rape victims secure justice
- A woman who suffers from multiple sclerosis get her local council to increase her care
- An elderly couple stay together in the same care home.

We will work to save the Act by continued advocacy, media work, public campaigning and awareness raising. The government thinks that replacing the Act is a popular move – we need to show MPs of all parties that people across the country disagree.



Members of the Southwark group took a novel approach, campaigning for the Human Rights Act in a graveyard

WHAT YOUR GROUP CAN DO

The relationships you build with your MPs and local politicians are crucial. Ensure MPs know there is support for the HRA in their constituency – we know from experience that MPs take particular note of their constituents' views.

From March lobby your MPs with face-to-face meetings to emphasise the importance of the Act to ordinary people in your community. We will provide further information for you so you are prepared to defend the Act. Please feed back your MP's response so we can follow up your work with lobbying in Westminster. Email lobbyfeedback@amnesty.org.uk

As well as meeting your MPs, you can:

- Write to your local paper about the issue
 - Hold an event to drum up public support for the Act
 - Invite your MP to a meeting/human rights debate
- The more interest you can demonstrate from your community, the more MPs will listen.

We expect a consultation on a British Bill of Rights in the first few months of 2016 (although it has now been pushed back twice) and will then begin a detailed campaign. Look out for information in campaign monthly emails.

KEY CAMPAIGN DATES

March-May: Focus on lobbying MPs (Consultation in March, TBC)

May: The Queen's Speech (likely to include a bill to replace the Human Rights Act)

May-onwards: A bill going through parliament



At the first West and East Midlands Conference, delegates marched through Birmingham and were photographed with all the rights protected under the HRA, with an actor representing David Cameron attacking them

PROTECTING THE HUMAN RIGHTS ACT

■ www.amnesty.org.uk/issues/Human-Rights-Act

SCOTTISH PARLIAMENTARY ELECTIONS

Election date: 5 May 2016

Our campaign theme is 'Human Rights at Home and Abroad'. We will ask prospective candidates to pledge to: save the Human Rights Act, and to the principle of human rights being a cornerstone of all the Scottish government's international relations.

We will launch the campaign in February. Many Scottish MPs will be involved in supporting their party's candidates so will be keen for exposure at events/photo ops.

To secure a meeting with your MP or MSP candidates, hold an event – a hustings, AmnesTea, public stunt or demonstration. Work in Scotland will be part of the UK campaign but we can show you the role the Scottish parliament can play in blocking the repeal of the Act. We can provide case studies where the HRA has been used successfully in Scotland. We will also provide you with information on the Scottish government having an International Human Rights strategy for all their international relations. To hear more about advocacy training sessions contact scotland@amnesty.org.uk

KEY CAMPAIGN DATES

February-May: Scottish parliamentary election campaign – lobby MPs as well as Holyrood candidates

May: Holyrood election and new government – handover of campaign 'asks'

May onwards: work with the parliament to stop the repeal of the HRA and start developing an international human rights strategy

NORTHERN IRELAND ASSEMBLY ELECTIONS

Election date: 5 May 2016

In the run-up we can raise Amnesty's human rights concerns with candidates and parties and ask for their support.

Key issues to highlight are:

- Save the Human Rights Act
- Human rights approach to 'dealing with the past' in Northern Ireland
- Abortion access in cases of fatal foetal abnormality, rape and incest
- Marriage equality for same-sex couples

Contact the Northern Ireland office with any questions, patrick.corrigan@amnesty.org.uk or 028 9064 3000

NATIONAL ASSEMBLY FOR WALES ELECTION

Election date: 5 May 2016

In the run-up you can raise concerns in your constituency. The key issue to highlight is Save the Human Rights Act. Work in Wales will be part of the UK campaign using briefing and campaign materials. We can also show what the role for the National Assembly can be in blocking the repeal.

WHAT YOUR GROUP CAN DO

- Write a letter or email candidates in your constituency; encourage others to write too
- Ask candidates to meet local group members
- Invite candidates to an AmnesTea – for cake and chat
- Invite candidates to a photo opportunity or campaign stunt
- Team up with other NGOs/local community groups to hold a hustings event, or attend one and ask a question, naming the Amnesty campaign

KEY CAMPAIGN DATES

February-May: election run-up – lobby MPs as well as assembly candidates. In February we will provide you with an election campaign briefing, up-to-date information on the issues and our 'asks'

March: we can send you a list of all assembly candidates, addresses and emails

May: election results – now follow-up work to stop repeal of the HRA with new assembly governments

HELP, ADVICE AND INFORMATION

For campaign support, activism@amnesty.org.uk or 020 7033 1675. For resources, see page 2.



Activists in Canterbury campaign to save the Human Rights Act

CRISIS AND TACTICAL CAMPAIGNS

Crisis and tactical campaigning allows us to respond to developments and events that we couldn't plan for. Crisis response enables us to react to unforeseen outbreaks of massive human rights violations. Tactical campaigns are short-term activities with limited objectives, and a smaller scale than our big campaigns.

CRISIS RESPONSE

SYRIA This is the most severe human rights and humanitarian crisis in the world and will remain our priority in crisis campaigning. We will support Syrian activists to develop an independent civil society, highlighting human rights violations so perpetrators can be held to account, giving increased visibility to the humanitarian crisis, demonstrating solidarity with imprisoned activists, and continuing to support the resettlement of the most vulnerable refugees. Every day that passes without an effective international response compounds the misery for ordinary civilians in Syria.

ISRAEL AND THE OCCUPIED PALESTINIAN TERRITORIES We aim to help prevent human rights abuses and war crimes. A key area is to persuade the UK government to suspend all arms licences to Israel and to call for a UN arms embargo against Israel and Hamas and other armed Palestinian groups. We will also work to persuade Palestine to seek justice via the International Criminal Court.

KEY CAMPAIGN DATE

15 March: 5th anniversary of the Syrian uprising

WHAT YOUR GROUP CAN DO

Specific actions will be included in the monthly emails.

- For more regular campaigning please opt into the Middle East and Gulf region in the option form on page 23.
- Ask for an Individual at Risk case from Syria and Israel and the Occupied Palestinian Territories.

TACTICAL CAMPAIGNS

Our tactical campaigns are most likely to be linked to our thematic programmes. These programmes involve long-term work on:

- Economic affairs (business and human rights)
- Military, security and police (arms control issues)
- Women's human rights.

Each tactical campaign is led by a programme director who is an expert in their field, in coordination with the International Secretariat, other Amnesty sections, and in partnership with other organisations. This work continues at the same time as that of priority campaigns.

WHAT YOUR GROUP CAN DO

We try to avoid overloading activists with demands so local groups can focus on all priority campaigns. But occasionally we might ask you to take action in a tactical campaign through group monthly emails or via the relevant country co-ordinator.



Civilians in Aleppo's Al-Fardous neighbourhood, Syria, live in fear of government planes hovering overhead © Mujahid Abu al-Joud/Al



Destroyed houses in Palestine which witnesses say were hit by an Israeli air strike © Ibraheem Abu Mustafa

YOUR PULL-OUT
CALENDAR
TO DISPLAY



CALENDAR 2016

JANUARY 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

12 Anniversary of arrival of first prisoners at Guantanamo Bay
 16 Scotland Regional Conference 27 International Holocaust Remembrance Day 30 South Midlands Regional Conference

FEBRUARY 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29					

6 Northern Ireland Regional Conference
 6 East Anglia Regional Conference
9 Last chance to submit resolution for AGM 2016
 14 Valentine's Day
 20 South East Regional Conference
 20 South West Regional Conference

MAY 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

1 International Labour Day 3 World Press Freedom Day
 5 Elections: Scottish Parliament, NI Assembly, National Assembly for Wales
 30 Stop Torture campaign concludes
 30 My Body My Rights campaign concludes
 May Queen's Speech (likely to include Bill to replace HRA)

JUNE 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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19	20	21	22	23	24	25
26	27	28	29	30		

1 International Children's Day 9-12 Isle of Wight Festival
 12 World Day Against Child Labour 20-26 Refugee Week
 20 World Refugee Day 22-26 Glastonbury Festival
 26 International Day in Support of Torture Victims

SEPTEMBER 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

11-14 Trades Union Congress, Brighton
 17-21 Liberal Democrats Party Conference, Brighton
 25-28 Labour Party Conference, Liverpool
 September Campaign launch – People on the Move

OCTOBER 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

2-5 Conservative Party Conference, Birmingham
 5 World Teachers' Day
 10 World Day Against the Death Penalty

MARCH 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

6 Mother's Day

7 Booking deadline AGM 2016

8 International Women's Day

15 5th anniversary of Syrian uprising

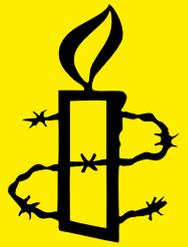
25 Day of Remembrance of the Victims of Slavery and the Transatlantic Slave Trade

APRIL 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

8 International Roma Day

9-10 National Conference and AGM, Nottingham



JULY 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

18 Nelson Mandela International Day

26 July-6 Aug National Eisteddfod

28-31 WOMAD

30 World Day against Trafficking in Persons

AUGUST 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

5-29 Edinburgh Festival Fringe

11-14 Big Chill Festival, Ledbury

12 International Youth Day

13-29 Edinburgh International Book Festival

23 Day for Remembrance of the Slave Trade and its Abolition

26-28 Reading Festival 26-29 Greenbelt Festival

30 Day of the Disappeared

PRIDE EVENTS

For your local
Pride event look up
pinkuk.com/events

▲ MAY

7 Exeter

28-29 Birmingham

30 Durham

▲ JUNE

4 Oxford, Cumbria

11 Gloucestershire

11-12 Blackpool

12 Chelmsford

18 Coventry, York

25 London

26 UK Black Pride

▲ JULY

8 Bourne Free Pride, Bournemouth

9 Essex, Bristol

15 Newcastle

16 Stoke on Trent, Hull, Rotherham

22 Brighton Trans Pride

23 Luton

30 Nottingham, Sheffield, Norwich, Weston Super Mare

Weston Super Mare

23 Luton

30 Nottingham, Sheffield, Norwich, Weston Super Mare

Weston Super Mare

Weston Super Mare

▲ AUGUST

6 Belfast

6 Brighton

13 Cymru Pride, Cardiff

20 Swindon and Wiltshire, Warwickshire

26 Manchester

27 Walsall

▲ SEPTEMBER

3 Reading

▲ OCTOBER

1 Chester

NOVEMBER 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

1 Write for Rights campaign starts

5-6 Amnesty International UK National Student Conference

20 Universal Children's Day

25 Day for the Elimination of Violence Against Women

DECEMBER 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

1 World Aids Day

2 Abolition of Slavery Day

10 Human Rights Day

31 Write for Rights campaign ends



YOUR PULL-OUT
CALENDAR
TO DISPLAY

FUNDRAISING

Fundraising by local groups continues to be hugely important. It provides income and increases the visibility of Amnesty's work. It also helps fund group activities, and reaches out to new people. A fundraising event is often the first point of contact that people have with Amnesty – and their local group.

Groups raise money in a variety of ways, from classics such as street collections and bake sales to the more adventurous jazz concerts and cycling events. However you choose to do it, we can help. We provide free fundraising materials, help promote events and are always available to give advice.

Here are some fundraising ideas your group could try this year.

STREET COLLECTIONS continue to bring in more funds than any other type of group event. You need permission from your local council or local authority to collect on public land. Contact them direct for licence rules. Often councils ask for a letter of authority confirming the status of a group – we can provide this. We can also send out tins, buckets, stickers and badges. Charities are a familiar presence on the streets, so think about how you can stand out – for instance, local musicians or choirs, dressing up or sitting in a cage attract attention. Often musicians will perform for free.

AMNESTEA parties have been a staple of local group fundraising since launched in 2009. In 2013 AmnesTeas raised over £17,000 just in the UK. Anyone can get involved by simply getting people together for tea and cake. Groups have had success organising themed AmnesTeas, linking them with campaigns, or running events in partnership with other organisations. Order a free AmnesTea kit at www.amnesty.org.uk/tea

MEALS are a great way to get active and non-active members together to engage in human rights. The Faringdon group hold a meal at their local Indian restaurant every year,



The Northern Ireland Stop Torture walk

who offer a set menu at a discounted price. Those attending are charged extra, with half going to the restaurant, half to Amnesty. You could also invite an Amnesty speaker.

OTHER IDEAS

Quizzes: From pub quizzes to fish-and-chip supper quiz nights, make your money through entry fees and a raffle.

Comedy and concerts: Christmas concerts, stand-up nights and jazz or piano recitals are a great success, attract a new audience and bring the community together.

Sponsored events: Take part in a sponsored run, walk, cycle or swim. Organise your own, join a local event or join one of the challenges set by Team Amnesty. www.amnesty.org.uk/teamamnesty

WE'RE HERE TO HELP

You can discuss ideas and receive support from the Community Fundraising Team at fundraise@amnesty.org.uk or **020 7033 1650**. For free fundraising guides and materials, go to www.amnesty.org.uk/resources

From April to June this year the Department for International Development (DfID) will be doubling money raised by Amnesty to support a project to prevent cases of Female Genital Mutilation (FGM) and Early Forced Marriage (EFM) in Burkina Faso and Sierra Leone.

Around 76 per cent of women in Burkina Faso and 88 per cent in Sierra Leone have been subjected to FGM and around half of women in both countries were married at a young age. Through a programme of education targeting 36 communities in Burkina Faso and Sierra Leone, we are hoping to prevent thousands of cases of EFM and FGM.

We need your support to make this project happen. News on how your group can get involved will go out in the February mailing.



The Brighton and Hove group celebrate 50 years of campaigning and fundraising

THE GUIDE TO AMNESTY'S PRIORITY CAMPAIGNS

INDIVIDUALS AT RISK

■ www.amnesty.org.uk/cases

Knowing you have not been forgotten and that someone you have never met is fighting for your rights is incredibly powerful. It gives people hope and inspiration. It also sends a message to the authorities that people around the world are watching what they do.

Campaigning for individuals whose rights are being abused is at the core of Amnesty's work. We campaign for prisoners of conscience, human rights defenders, community leaders, social media activists, women's rights champions and communities under threat from violence or forced eviction. This enables us to put a face to the issues affecting individuals, communities and human rights defenders across a wide range of Amnesty's key human rights concerns. And it means campaigning to stop specific abuses that affect particular individuals and groups.

In 2015 we worked on 80-90 long-term cases, ranging across torture, unfair trials and the death penalty. Many involved people imprisoned for peacefully promoting freedom of expression and association or speaking out against human rights abuses.

'I thank my friends from Amnesty International that have long been fighting for my release... I still need the support of Amnesty International. I will continue to fight for human rights in Papua.'

Peaceful protestor Filep Karma was released in November 2015 after 10 years in prison in Indonesia. His sentence for waving a pro-independence flag made you write countless letters to the authorities, and he was part of the Write for Rights campaign. His release shows the power of long-term campaigning.



© AI

Some of the issues our casework will cover in 2016 will be:

- Repression of individuals' freedoms of expression, association and assembly
- Use of the death penalty
- Digital security and human rights
- Denial of women's and girls' sexual and reproductive rights and the large number of preventable maternal deaths and injuries around the world
- Torture and ill-treatment in detention, unfair trials and other abuses of the judicial system
- Failure to provide access to truth, justice and reparation to victims of crimes against humanity, enforced disappearance, and similar grave abuses of human rights.

The Urgent Action Network will continue to act swiftly on cases which need a fast response. Urgent Actions have helped defend individuals and communities in immediate danger of torture, execution, forced eviction and other abuses. One of those cases, Mansour al-Omari, a human rights activist from Syria, underlines the importance of this work:

'I am out, I am alive, I am free and I will keep on doing what I was doing before I got detained. Thanks for all the wonderful work you did for us and are still doing for all the people around the world.' Mansour al-Omari

'While before I felt all hope had gone, the story changed when Amnesty came in. The message I received overwhelmed me. I regained hope.'

Moses Akatugba was given a full pardon after pressure from Amnesty supporters in May 2015. He had been wrongfully sentenced to death in Nigeria for a crime committed when he was 16.



© HURSEF

WHAT YOUR GROUP CAN DO

- Take on one or more of the Individuals at Risk cases by completing the relevant section of the Menu of Options form on page 23.
- Help to build international pressure on the authorities responsible, directly through written appeals or indirectly by drawing the attention of the UK public, media and government to the abuses.
- Send messages of support and solidarity to the individuals, their families or communities.
- Stage demonstrations and protests.
- Join the Urgent Action Network to receive emails about urgent cases as they arise. Complete the relevant section of Menu of Options form on page 23.

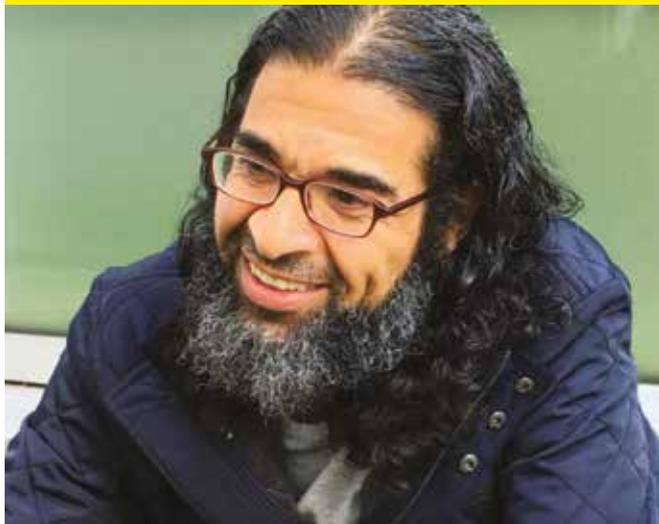
Campaign information will be included in monthly mailings, but more detailed briefings will be sent to those groups who have opted into the campaign.

HELP, ADVICE AND INFORMATION

- Get support for your campaigning from the country co-ordinator for the relevant region – see page 21.
- Materials can be downloaded from www.amnesty.org.uk/resources with the keywords ‘individuals at risk’.
- For more information on Urgent Actions visit www.amnesty.org.uk/urgent
- Use social media

‘I can’t tell you how much I want to speak to all of you and stand with all of you, carrying on the struggle for justice for everybody who has been oppressed and needs our help. If there is one thing we can do to save the whole world it is to fight for justice.’

Shaker Aamer, the last British resident in Guantanamo to be released in September 2015. Amnesty took up his case in 2005.



WRITE FOR RIGHTS 2016

Every year during November and December, we ask you to join our Write for Rights campaign by sending a message of hope to someone suffering human rights abuses – and put pressure on authorities to take action.

For a prisoner tortured and wrongly imprisoned, for family members waiting for news of a ‘disappeared’ relative, for young girls forced to get married, your cards are a source of hope, strength and inspiration.

We focus on dozens of cases – and many groups make the campaign the focus of their calendar, planning their events early. Materials are sent out from 1 November but you can order in advance – an order form comes in your monthly mailing in October and in the autumn Amnesty Magazine. We provide ideas for all kinds of events including stalls and AmnesTeas, which we’ll help promote, and we encourage tweets and petitions. Contact the Individuals at Risk team for help and advice, at iar@amnesty.org.uk

‘In prison I started reading some letters from Amnesty members. It was my first flicker of light in my dark days. Only after my release, I was amazed to know the magnitude of Amnesty’s work for my release... Bless those fighting for justice.’

Community leader Dr Tun Aung was released in January 2015, following two years of pressure by Amnesty supporters, including through Write for Rights 2013. He was jailed for 17 years after trying to calm a crowd during riots in Burma in 2013. This was by far the most popular case amongst local groups, and a fantastic result. Burma’s National Human Rights Commission said your letters prompted them to look further into the case.



© Private

NEW INITIATIVES

As well as reviewing our campaign priorities, we are trying to improve our approach to campaigning and how we support and improve connections with activists. We listened to the feedback from the activism survey last year, and spoke to regional representatives to find out what would help you as a group. The following new initiatives are partly in response to this.

SOCIAL MEDIA CO-ORDINATORS GOOGLE GROUP

If your group is on Twitter or Facebook, ask your social media co-ordinator(s) if they'd like to join this Google group. Its aim is for local groups, country co-ordinators, networks and others to share:

- Upcoming and suggested Twitter/Facebook actions, and events
- Resources, for example the great guides made by the social media advocates
- Ideas and successes

Campaigning on social media is more effective when you write your own posts and tweets (rather than retweeting). Link to petitions and press releases where possible. This Google group provides a quick communication channel with other groups, activists and country co-ordinators which means that you don't have to plough through hundreds of tweets or Facebook pages for relevant information. If you're planning an action that involves taking pictures, it really helps to get some advance warning. To join, email activism@amnesty.org.uk

AMNESTY IN THE UK MEDIA

In 2015, Amnesty commissioned three surveys to analyse the impact of media coverage and the media needs of our groups.

Polling agency YouGov analysed the UK population in terms of favourability towards human rights. It found 29.7 per cent 'Supportive'; 22.7 per cent 'Opposed' and 10 per cent 'Uninterested'. This left 37.3 per cent 'Conflicted', of which 24.2 per cent were pro-Amnesty and 13.1 per cent anti-Amnesty. To reach the 24.2 per cent pro-Amnesty, YouGov's advised that we need to improve the current media narrative around human rights at all levels.

Media analysis agency Gorkana then looked at coverage of both Amnesty and human rights in regional and local media. While coverage overall was significantly less than in national titles, Gorkana found that they were still very receptive to Amnesty stories. In addition it found that when human rights stories did appear in the local and regional press they were largely favourable. In conclusion, Gorkana advised Amnesty to seek to increase local and regional coverage, particularly targeting the letters and comment pages.

In a survey of groups we found:

- 25 per cent of groups use local papers to promote themselves
- 35 per cent have media officers

Amnesty also contacted group media officers to check on their needs and activity with mixed results. Feedback revealed some officers needing little training or support; others were keen to acquire further training in press release or interviews. However, the most notable findings were most had lapsed as media officers and had not been replaced or had undertaken little or no media work in the last two years.



Members join a digital and social media workshop at Amnesty's AGM 2015



Tweeting the 'Save the Human Rights Act' campaign message

REGIONAL MEDIA SUPPORT OFFICERS

Amnesty is delighted to announce the recruitment of seven new regional media support officers for the South West, the South, the South East, London, the South Midlands, the East Midlands, the West Midlands and the North West. They will work closely with regional representatives and all the groups (local, youth and student) in their areas.

In particular, they will:

- Help groups write press releases/diary notices
- Advise on PR events and stunts
- Feed back to the national office (particularly on media plans, in case the office can help)

Each Amnesty UK media team member has been assigned a designated region to help ensure a strong two-way relationship between them and their regional media support officer.

The Amnesty UK Media Unit will also help:

- Train regional media support officers on broadcast interviews and soundbites
- Advise on how to write press releases
- Provide contact details for local media
- Listen to ideas and input from the regional media support officers

The creation of the post follows a long period of consultation with regional representatives, the Youth Advisory Group, and the Student Action Network.

The introduction of regional media support officers is a pilot and we hope it will increase Amnesty coverage in the local press. We welcome any feedback.

We are still interested in recruiting volunteers for East Anglia, the North East and Wales. If you're interested, please contact activism@amnesty.org.uk



Our 2015 survey said we should seek to increase local and regional press coverage to promote human rights stories, particularly on the letters and comment pages

SOCIAL MEDIA ADVOCATES

Currently we have five social media advocates who help local groups use social media such as Facebook and Twitter. They can help you get started or advise on how to build on what you're already doing.

Social media can help you:

- **Campaign** Amnesty members use Facebook and Twitter to lobby and campaign
- **Organise meetings and grow membership** Publicise meetings and invite people to events through Facebook. This year the LGBTI Network doubled its attendance at London Pride through social media
- **Respond faster** It is easier and quicker to share Urgent Actions or Amnesty mentions in the news

Remember social media is only one of many tools. Often a street stall or film screening is a more effective way of getting people involved.

Social media advocates will use email or Skype (or Twitter or Facebook) to:

- Show you the basics of using Twitter or Facebook for your local group, and help explain the jargon
- Give advice on setting up accounts
- Provide feedback on the posts you're making, and ideas on what to say
- Share what other groups are doing on their Twitter and Facebook pages
- Give practical suggestions on what you could share through social media

Unfortunately social media advocates are unable to offer training in person – this may change as we look at new ways groups can make use of social media platforms.

You can ask for support or guidance from a social media advocate by emailing activism@amnesty.org.uk or calling **020 7033 1675**.



Joining forces with the Asylum Justice Project (see Working Together, page 20)

WORKING TOGETHER

We have the most impact when we combine our passion and energies. Please think about working with other activists and networks when planning your own activities for 2016.

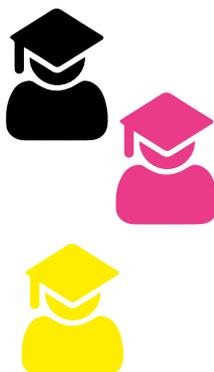
■ YOUTH GROUPS

Amnesty has a vibrant network of around 550 youth groups across the UK. Most are based in schools and colleges but also Scout groups, folk groups, youth clubs and home education groups. We also have a number affiliated to Amnesty UK overseas in international or British schools in, for example, El Salvador, Malawi and Thailand.



■ STUDENT GROUPS

Amnesty's Student Action Network is made up of student groups around the UK. Members work on priority campaigns and individuals at risk cases, and take part in some creative fundraising. The Student Action Network Committee (STAN) is an advisory committee of Amnesty student activists who support and feed back from student groups. If you have any ideas or questions, please email stan.committee.aiuk@gmail.com



■ TRADE UNION AFFILIATES

Trade unions are natural allies in promoting human rights at home and abroad. Unions are often at the forefront struggles for equality and justice in our communities. Many local union branches and trades councils are affiliated to Amnesty International UK, and it could be good to involve them in your actions and campaigns. For contact details of TU affiliates in your area, contact the Supporter Care Team sct@amnesty.org.uk or 020 7033 1777. For details of trade union national and regional offices, including the TUC, contact Shane Enright (our community organiser for TUs and workplaces) at shane.enright@amnesty.org.uk or 020 7033 1569.



■ THEMATIC NETWORKS

We run three thematic networks:

- Lesbian, Gay, Bisexual, Transgender and Intersex (LGBTI) Network
- Children's Human Rights Network
- Women's Action Network

To connect your group or get more involved, visit

www.amnesty.org.uk/networks.

To contact the network committees directly email:

- lgbtinetnetwork@amnesty.org.uk
- womensnetwork@amnesty.org.uk
- childrensnetwork@amnesty.org.uk



■ ASYLUM AND REFUGEES

The Asylum Justice Network is an Amnesty volunteer activist-led project campaigning for better and fairer treatment of asylum seekers in the UK. To get involved, email asylumjustice@amnesty.org.uk



■ AMNESTY WITH PRIDE

Attending Pride events is an excellent opportunity to share Amnesty's work. To plan yours, look up the date of your local Pride in 2016

(www.pinkuk.com/events/gay-pride-2016 will be updated regularly) and read through our Pride Guide for local activists: www.amnesty.org.uk/webfam_send/1573. We can provide appropriate materials. Think about sharing costs with other local groups. For advice and to discuss plans, email lgbtinetnetwork@amnesty.org.uk



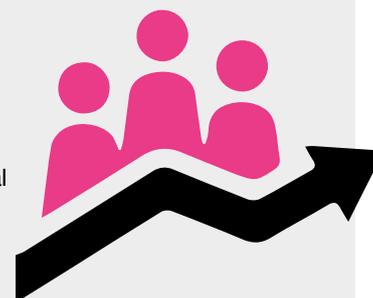
'We never had so much fun sharing the "Love is a human right" message. We learnt a lesson in visible activism and can't wait to do it again.'

Blackpool group participated in their first Pride in 2015

■ GROWTH FOR IMPACT WORKSHOP

The Growth for Impact workshop aims to address some of the concerns raised by local groups in terms of recruitment and retention of members. The workshop looks at potential barriers for new or existing members, why people join Amnesty and what might interest new members.

Contact your regional representatives to arrange it: www.amnesty.org.uk/regional-representatives



HUMAN RIGHTS EDUCATION

Human rights education is a strategic priority for Amnesty International. We want young people to understand human rights and gain the skills to stand up for themselves and others.

HUMAN RIGHTS EDUCATION OBJECTIVES

For more than 20 years Amnesty UK has conducted and supported human rights education in schools, and helped to integrate human rights into the curriculum, ethos and culture. We also do lobbying, advocacy and media work to ensure that government, policy makers and educational providers recognise the importance of human rights education and include it in curricula. Our programmes and projects include:

Amnesty Trainers Network: Workshops or whole day events with local groups, student groups and community groups.

School speakers: Trained volunteers run free workshops, lessons and school assemblies (we reached more than 27,000 young people in 2014).

Teacher training: Our CPD course equips teachers to run human rights education training sessions for their colleagues.

Youth awards: Our annual competition encourages young people aged 7 to 19 to apply their knowledge of human rights and engage in Amnesty campaigns. It celebrates six categories: reporting, performing, photography, campaigning, fundraising and poetry.

Children's books: We provide teachers' notes on Amnesty-endorsed fiction, and partner with the Chartered Institute of Library and Information Professionals to commend human rights in children's literature.

Human Rights Action Centre visits: A range of workshops at our HQ in Shoreditch, London.

Educational resources: Our wide range of free teaching materials helps teachers working with all age groups.

Communications: 8,000 teachers are signed up to our TeachRights education programme, and receive updates on our resources. Our Junior Urgent Action mailing provides adapted Individual at Risk cases and action ideas for 7-11 year-olds. We also promote our human rights education work at conferences and events.

HELP, ADVICE AND INFORMATION

- Access human rights education work or apply for human rights educator training by contacting sct@amnesty.org.uk or 020 7033 1777.
- For more information about our education work, visit www.amnesty.org.uk/education
- For resources please see www.amnesty.org/resources

HELP AND ADVICE

REGIONAL REPRESENTATIVES

Regional representatives in Scotland, Northern Ireland, Wales and 10 geographic regions in England are volunteers who support local groups and other activists in their area. They stay informed of the work of groups in their region, help groups work together to increase their impact, and set up new groups. They are a crucial link between AIUK staff and local groups. The annual regional conference enables members to meet, learn more about campaign priorities, take part in actions and discuss regional issues.

www.amnesty.org.uk/regional-representatives

REGIONAL CAMPAIGNING AND COUNTRY COORDINATORS

Volunteer country coordinator teams take the lead on world regions, keep groups updated by email, newsletters, Urgent Actions and other region specific-action. Opt into campaigning on a particular region via the Menu of Options form (page 23). You can find country coordinator contact details at www.amnesty.org.uk/cc

TRAINERS

We can provide trainers to run free workshops, training or whole day events for your local group. Topics include:

- introduction to human rights and our work
- campaigns including Human Rights Act, My Body My Rights and new priority campaigns
- skills training, including lobbying and campaigning
- specific human rights themes, including refugees and the death penalty

Our trainers also run sessions for other audiences, eg at coffee mornings and team training days at work.

Invite an Amnesty trainer to your group – or become one yourself. Contact training@amnesty.org.uk, 020 7033 1580. For more information go to www.amnesty.org.uk/issues/higher-and-adult-education

PUBLIC LIABILITY INSURANCE

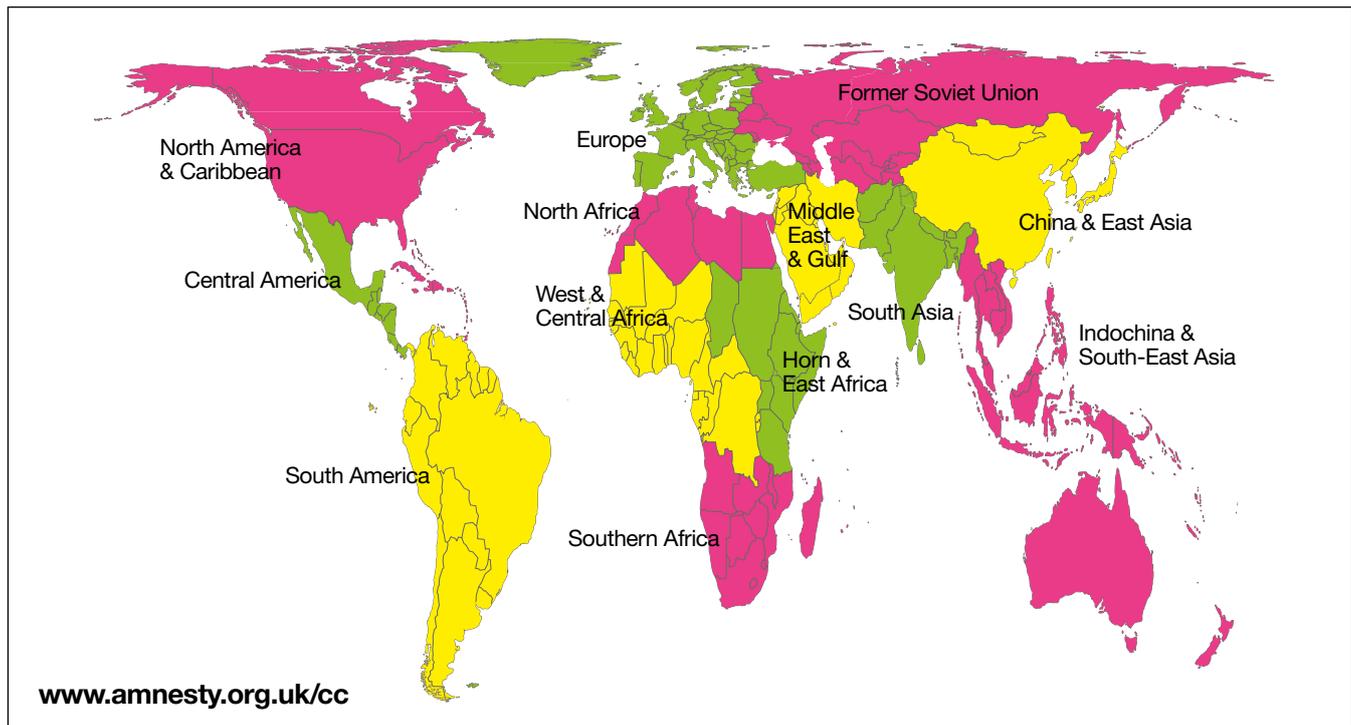
We organise public liability insurance for groups. Local authorities often ask for proof of insurance before giving permission to hold an event. For a copy of the insurance certificate contact activism@amnesty.org.uk, 020 7033 1675, or download at www.amnesty.org.uk/resources/public-liability-insurance-certificate-2015-2016



© Carmen Vallino/AI
Patcham High School students, winners of the Songwriter (Performer) Youth Award 2015

WORLD REGIONAL CAMPAIGNING AND COUNTRY CO-ORDINATORS

Our Amnesty world is split into 13 world regions. Work on regions is led by our volunteer country co-ordinator teams, who keep groups updated with information and actions, and invite them to relevant conferences and events. Country co-ordinators are keen to visit local groups opted into their world region and are happy to travel to group meetings and events. They also use social media to keep members up-to-date, through Facebook, Twitter and blogging on the Amnesty website. Groups can choose to campaign on a particular region or country. If your interest is in a specific country, we will opt you into the region containing that country. You will receive updates and actions on all countries in that region. You can opt into a particular region, or country by using the options form or go to www.amnesty.org.uk/cc for country co-ordinator contact details.



NORTH AMERICA AND CARIBBEAN

Antigua and Barbuda, Bahamas, Barbados, Canada, Cuba, Dominica, Dominican Republic, Grenada, Haiti, Jamaica, St Kitts & Nevis, St Lucia, St Vincent, Trinidad & Tobago, United States of America

CENTRAL AMERICA

Belize, Costa Rica, El Salvador, Guatemala, Honduras, Mexico, Nicaragua, Panama

SOUTH AMERICA

Argentina, Bolivia, Brazil, Chile, Colombia, Ecuador, French Guyana, Guyana, Paraguay, Peru, Suriname, Uruguay, Venezuela

EUROPE

EU, Albania, Bosnia and Herzegovina, Iceland, Kosovo, Macedonia, Montenegro, Liechtenstein, Serbia, Switzerland, Turkey

FORMER SOVIET UNION

Armenia, Azerbaijan, Belarus, Georgia, Kazakhstan, Kyrgyzstan, Moldova, Russia, Tajikistan, Turkmenistan, Ukraine, Uzbekistan

MIDDLE EAST AND GULF

Bahrain, Lebanon, Syria, Iran, Iraq, Israel/Occupied Territories/Palestinian Authority, Jordan, Kuwait, Oman, Qatar, Saudi Arabia, United Arab Emirates, Yemen

NORTH AFRICA

Algeria, Egypt, Libya, Morocco and Western Sahara, Tunisia

WEST AND CENTRAL AFRICA

Benin, Burkina Faso, Burundi, Cameroon, Cape Verde, Central African Republic, Cote d'Ivoire, Democratic Republic of Congo, Equatorial Guinea, Gabon, Gambia, Ghana, Guinea, Guinea Bissau, Liberia, Mauritania, Mali, Niger, Nigeria, Republic of Congo, Rwanda, Sao Tome and Principe, Senegal, Sierra Leone, Togo

HORN AND EAST AFRICA

Chad, Djibouti, Eritrea, Ethiopia, Kenya, Somalia, South Sudan, Sudan, Tanzania, Uganda

SOUTHERN AFRICA

Angola, Botswana, Lesotho, Malawi, Mozambique, Namibia, South Africa, Swaziland, Zambia, Zimbabwe

SOUTH ASIA

Afghanistan, Bangladesh, Bhutan, India, Maldives, Nepal, Pakistan, Sri Lanka

CHINA AND EAST ASIA

China (including XUAR and Tibet), Japan, Mongolia, North Korea, South Korea, Taiwan

SOUTH EAST ASIA

Australia, Brunei, Cambodia, Indonesia, Laos, Malaysia, Myanmar, New Zealand, Papua New Guinea, Philippines, Singapore, Thailand, Timor L'este, Vietnam

MENU OF OPTIONS

Please fill in this Menu of Options and return it in one of three ways:

Online: Go to www.amnesty.org.uk/localgroups/ and fill out the form.

Post: Send this form to the Community Organising team using the enclosed Freepost envelope by 28 February 2016.

Email: Fill out the paper copy, scan and email to activism@amnesty.org.uk, or simply email your preferences.

Monthly emails are sent to all group contacts at the end of each month, except for January and August. These emails always contain a monthly action and sometimes a Campaign Action Bulletin on a priority campaign. If there are additional members of your group who would like to receive these emails, please write their names below. If you want to change your group's main contact, or add more names of group members to the mailing list, please contact us on 020 7033 1675 or by email at activism@amnesty.org.uk

LOCAL GROUP'S NAME

.....

MONTHLY EMAILS

If there are additional members of your group who would like to receive these emails, please add them below.

Contact name

Email

Contact name

Email

Contact name

Email

REGIONAL AND COUNTRY CAMPAIGNING

Our Amnesty world is split into 13 regions: **North America and Caribbean, Central America, South America, Europe, Former Soviet Union, Middle East And Gulf, North Africa, West And Central Africa, Horn And East Africa, Southern Africa, South Asia, China and East Asia and South East Asia** (see details on map opposite). Please note that if your interest is in a specific country, we will opt you into the region containing that country. You will receive updates and actions on all countries in that region. You can opt into more than one region if you wish.

Region name

Contact name

Address

..... Postcode Tel

Email

INDIVIDUALS AND GROUPS AT RISK

STEP 1: Signing up to Individuals at Risk casework

Our group:

- would like to continue with an existing long-term case which is
- has no long-term case file and would like an **assigned** case file
- would like to **replace** our existing long-term case file
- would like to **add** one more case file to our current long-term case file

Options (please choose option 1 or option 2):

- (1) We would like **any case** available
- (2) We would prefer a case from country/region

Group name

Case file holder

Contact name

Address

..... Postcode

Tel No Email

Please note: If your group signs up to work on a long-term case file, you will be automatically opted into the mailing list for the relevant world region (eg North Africa, South America, Europe etc). You will receive regular newsletters from the volunteer country coordinator team for that region by email.

URGENT ACTION

- Our group wishes to **sign up** to the **Urgent Action Network** to receive UAs by email
(NB: Groups should automatically receive UAs for the regions they are opted into from the country coordinators. Ticking this box means you are additionally signing up for a wider variety of UAs, which you can also use for your letter writing sessions.)

Group name Urgent Action coordinator

Email

STEP 2: Opting out of Individuals at Risk casework

- Our group wishes to **stop** work on our long-term case file

Case file name.....

- Our group wishes to **unsubscribe** from all Urgent Actions
(please confirm below the details of the UA contact person for your group)

Group name.....

UA contact name.....

Email.....

NB: Please give reason why you are opting out, eg 'Case closed', 'Not enough info on the case', 'No group capacity', 'Want to focus on other activities/campaigns'

.....