

AMNESTY INTERNATIONAL SUPPORTING HUMAN RIGHTS EDUCATION

Welcome to Amnesty's catalogue

Human rights belong to all of us. When we know what they are and how they are violated, we can stand up for ourselves and others. Amnesty supports teachers to engage students in understanding other people's feelings, critical thinking and active citizenship. We've reached tens of thousands of students in the UK. We provide teacher training and, as this catalogue shows, a wide range of ideas, resources and support across all ages and subjects.

Our in-depth teaching materials and lesson plans cover many themes, suitable for the classroom or independent learning at home.

EASY WAYS TO ACCESS RESOURCES

Online Most of our resources are available as free downloads.

amnesty.org.uk/education
amnesty.org.uk/resources

Order in print All print resources have a product code. Quote this with the quantity you require and postal address:

✉ sct@amnesty.org.uk

Or use our order form:

amnesty.org.uk/educationresources

LEARN MORE

Self-paced learning We offer a wide range of online courses designed to build your knowledge in teaching human rights.

Start with our Human Rights Friendly Schools course.

amnesty.org.uk/academy/human-rights-friendly-schools

Explore all courses

academy.amnesty.org
futurelearn.com/partners/amnesty

Contact us for advice on resources and how to be a more human-rights friendly school, or to tell us what you're doing.

✉ sct@amnesty.org.uk

RESOURCES + BOOKS

For teaching all ages



**AMNESTY
INTERNATIONAL**



ESSENTIAL SCHOOL PACKS

For these packs and other resources in Welsh: amnesty.org.uk/welsh-language-resources



EARLY YEARS

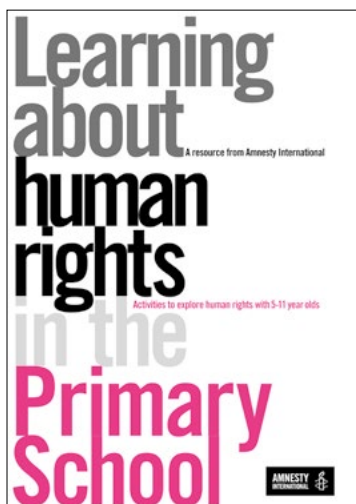
AGE 3-5

First Steps

English and Welsh

- Five lesson themes focusing on relevant rights covering feelings, relationships and belonging, choices and voices, well-being and bodies.
- Activities include stories, games, music, art and photography.

amnesty.org.uk/early-pack



PRIMARY

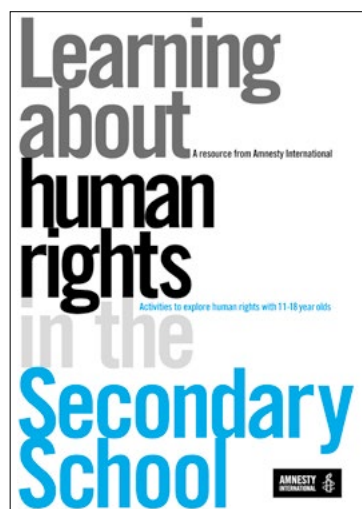
AGE 5-11

Learning about human rights in the Primary School

English and Welsh

- 10 lessons (five for ages 5-7, and five for ages 7-11).
- Subjects include global and fairtrade, poverty and inequality, identity and children's rights.

amnesty.org.uk/primary-pack



SECONDARY

AGE 11-18

Learning about human rights in the Secondary School

English and Welsh

- Seven curriculum-linked lesson plans promoting human rights debate.
- Subjects include human rights in the UK, freedom of expression, LGBTI rights and refugees.

amnesty.org.uk/secondary-pack



FURTHER EDUCATION

AGE 16-19

Learning about human rights in Further Education

English (Welsh available late 2025)

- Five session plans with practical activities, short films and case studies.
- Subjects include equality, the Human Rights Act, economic, social and cultural rights in the UK, refugee and asylum rights.

amnesty.org.uk/further-pack

EXPLORE AND EXPRESS HUMAN RIGHTS POETRY

WORDS THAT BURN RESOURCE

Age 11+

10 free sessions with poems, films and PowerPoints. With these, students can:

- Discover the work of diverse poets and develop their own writing style;
- Explore spoken word and performance poetry and ways to bring their own words to life;
- Create a class or school anthology.

amnesty.org.uk/wordsthatburn

- A free Bite Size series for students perfect for independent learning or homework. Each mini-session introduces different poets with film clips and quickfire writing tasks to spark creativity and develop students' writing style.

amnesty.org.uk/hreblog

© Hussina Raja



Poets Dean Atta and Valerie Bloom

'This resource has helped me to understand that the world isn't perfect. It has given me a way of allowing my imagination and creativity to process this.'

Year 8 student

'A devastatingly powerful resource... it unites the relationship between struggle, faith, freedom and justice.'

Teach Secondary magazine

PRINT RESOURCES

PASSPORT, BADGES, STICKERS



My Rights Passport

A colourful, pocket-sized booklet featuring the articles of the Universal Declaration of Human Rights. Perfect for introductory lessons on human rights and ideal for students to keep and refer to.

English (Single copy) *ED112*

Bilingual Welsh/English (Single copy) *ED113S*

English (Bundle of 25) *ED116B*



Badges

Amnesty candle badges

(Bag of 12)

Includes colour combinations: yellow and black; green and black; pink and white; cyan and white. *COU002*

Stickers

Amnesty candle stickers

(Sheet of 20)

Includes colour combinations: yellow and black; green and black; pink and white; cyan and white. *YA906*

POSTERS FOR DISPLAY, DISCUSSION AND ACTIVITIES

Human Rights Values

A3 Striking black poster with colourful text highlighting core values underpinning human rights such as freedom and justice. *COU007*

We Are All Born Free

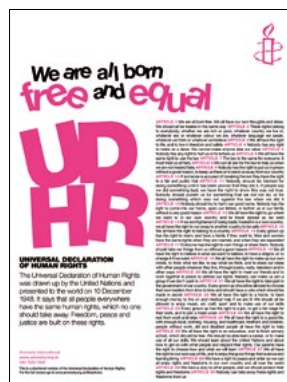
A2 Yellow poster with the black Amnesty candle and 'We are all born free' in pink text. *HRE014*

Universal Declaration of Human Rights

(For younger students)

A1 Bright, engaging poster with colourful 'chick' illustrations representing the 30 rights in the UDHR. English *ED073*

Welsh *ED138*



Universal Declaration of Human Rights

(For older students)

Undersize A2 A clear, classroom-friendly version of the UDHR available in English and Welsh. *ED153*

UN Convention on the Rights of a Child (UNCRC)

A3 Illustrations by Dan Jones celebrate children's rights across everyday life. *HRE044*

Economic, Social and Cultural Rights (ESCR)

A3 Explores everyday rights such as housing, health, education and food. Illustrated by Edith Pritchett. *ESCR001*

Right Up Your Street

A2 A vibrant street scene full of human rights scenarios with student activities to investigate how rights apply to everyday life. Illustrated by Dan Jones. *HRE022*

My Freedoms

A2 Features the 16 key freedoms and protections under the Human Rights Act. Illustrated by Chris Riddell and suitable for colouring in. *HRE043*



Freedom Park

A4 A wonderful illustration of the rights to life, freedom and safety. Artwork by Niki Daly. *HRE010A*



Freedom Through Peace/ Freedom to Make a Difference

A2 double-sided Two visions of freedom. Side 1: 'Freedom through peace' by Sally Morgan. Side 2: 'Freedom to make a difference' by Chris Riddell. *HRE041*



Freedom to Feel Safe/ Freedom to be Yourself

A2 double-sided Explores safety, identity, and belonging. Side 1: 'Freedom to feel safe' by Dale Blankenaar. Side 2: 'Freedom to be yourself' by Antje von Stemm. *HRE042*

RESOURCES BY THEMES

DEATH PENALTY

Learning about the Death Penalty session plan

Age 14+ Includes debate, activities, films, case stories and an assembly. English and Welsh.

[amnesty.org.uk/death-penalty-pack](https://www.amnesty.org.uk/death-penalty-pack)

See Amnesty's latest research on the global use of the death penalty, updated annually.

[amnesty.org/en/what-we-do/death-penalty/](https://www.amnesty.org/en/what-we-do/death-penalty/)

EVERYDAY RIGHTS

Economic, Social and Cultural Rights in the UK session plan

Age 16+ Explore our 'everyday' economic, social and cultural rights and why they are so important, using short films and case studies.

[amnesty.org.uk/everyday-session](https://www.amnesty.org.uk/everyday-session)

See Amnesty UK's campaign for Economic, Social and Cultural Rights to be enshrined in UK law.

[amnesty.org.uk/issues/economic-social-and-cultural-rights](https://www.amnesty.org.uk/issues/economic-social-and-cultural-rights)

FREEDOM OF EXPRESSION

Writing in Impossible Circumstances session plan

Age 11+ Develop English skills and explore freedom of expression through the stories of Anne Frank and other writers forced to write in prison or detention. Produced by Amnesty UK and The Anne Frank Trust.

[amnesty.org.uk/anne-frank](https://www.amnesty.org.uk/anne-frank)

Words That Burn activity pack

Age 11+ 10 sessions using poetry, films and PowerPoints to support students to explore the work of diverse poets, develop their own writing style and use their freedom of expression.

[amnesty.org.uk/wordsthatburn](https://www.amnesty.org.uk/wordsthatburn)

Download the Universal Declaration of Human Rights simplified version:
[amnesty.org.uk/udhr](https://www.amnesty.org.uk/udhr)

LGBTI RIGHTS

LGBTI Rights activity pack

Age 5-16 Six inclusive activities exploring the rights of sexual and gender minority groups. Promotes positive language, respect and tolerance, and addresses hate crime.

[amnesty.org.uk/lgbti-pack](https://www.amnesty.org.uk/lgbti-pack)

See Latest updates and info on Amnesty UK's campaign for LGBTI equality.

[amnesty.org.uk/LGBTI-equality](https://www.amnesty.org.uk/LGBTI-equality)

PROTEST

Human Rights and Solidarity

Age 7-13 Learn about human rights and how to show solidarity with key workers.

[amnesty.org.uk/solidarity-resource](https://www.amnesty.org.uk/solidarity-resource)

Human Rights and Activism

Age 14-19 How human rights relate to the pandemic and how to be an activist.

[amnesty.org.uk/activism-resource](https://www.amnesty.org.uk/activism-resource)



REFUGEE AND MIGRANT RIGHTS

Refugee and asylum issues resources

Age 7+ Activities and session plans for primary, secondary and further education including ideas for building a culture of welcome in schools.

[amnesty.org.uk/refugee-resources](https://www.amnesty.org.uk/refugee-resources)

The Journey activity pack

Age 5+ A beautifully illustrated book by Francesca Sanna that sensitively explains the experiences of refugee families. Includes discussion questions and follow-up activities.

[amnesty.org.uk/book-journey](https://www.amnesty.org.uk/book-journey)

The Bone Sparrow activity pack

Age 12+ Based on the award-winning book by Zana Fraillon about a 9-year-old living in an Australian detention centre. Explores characters and themes of refugees, human rights, courage, freedom and protest through art, writing, research and photography.

[amnesty.org.uk/bone-sparrow](https://www.amnesty.org.uk/bone-sparrow)

Alpha activity pack

Age 14+ Bessora and Barroux's graphic novel shows the horrors of life as a refugee. Our pack explores Alpha's refugee journey – encompassing traffickers, camps and a perilous Mediterranean crossing – using debate, role play and writing activities.

[amnesty.org.uk/book-alpha](https://www.amnesty.org.uk/book-alpha)

WOMEN'S RIGHTS

Women's Rights and Gender Equality activity pack

Six lessons covering areas such as stereotyping, online violence and unpaid care work. Suitable for primary and secondary schools.

[amnesty.org.uk/resources/womens-human-rights-activities-and-resources](https://www.amnesty.org.uk/resources/womens-human-rights-activities-and-resources)

DATES FOR YOUR CALENDAR

AUTUMN TERM

10 October

World Day Against the Death Penalty

10 December

Human Rights Day

SPRING TERM

8 March

International Women's Day

21 March

World Poetry Day

SUMMER TERM

June

Pride Month (LGBTI rights)

June

Refugee Week

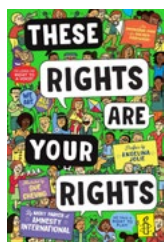
BOOKS FOR YOUNG PEOPLE

OUR BOOKS

Amnesty works with publishers, writers and illustrators to develop books that explore human rights. We produce free resources for these titles and more to help teachers, librarians and families discuss these themes. We work with libraries to promote human rights and diverse voices in publishing.

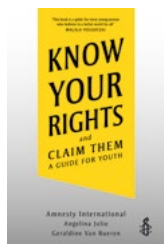
These Rights Are Your Rights

Age 8-12 A fun, engaging guide to child rights packed with inspiring stories, top tips, facts, comic illustrations, and encouragement from actress and activist Angelina Jolie. £7.99 (Andersen Press)
amnesty.org.uk/these-rights-are-your-rights



Know Your Rights and Claim Them

Age 12+ Introduces rights and how they matter in relation to real life issues such as gender and racial equality, free expression, health and a clean climate, empowering us to make meaningful change. £7.99 (Andersen Press)
amnestyshop.org.uk/know-your-rights



Imagine

Age 2+ Join a pigeon on a mission to spread peace. Uses John Lennon's lyrics and Jean Jullien's illustrations. £12.99 (Frances Lincoln)
amnesty.org.uk/imagine-activities



Dreams of Freedom

All ages Inspirational words on human rights from champions of freedom with beautiful pictures. £12.99 (Frances Lincoln)
amnesty.org.uk/dreams-freedom



We Are All Born Free

Age 6+ Thirty stunning illustrations interpret our rights from the Universal Declaration of Human Rights. £7.99 (Frances Lincoln)
amnesty.org.uk/born-free-activities
amnesty.org.uk/film-everybody



Here I Stand

Age 12+ Anthology by leading authors confronting big subjects of trafficking, FGM, racism and bullying. £9.99 (Walker Books)
amnesty.org.uk/here-i-stand



My Little Book of Big Freedoms

All ages Chris Riddell illustrates our freedoms and how they can help us. £7.99 (Amnesty branded)
amnesty.org.uk/big-freedoms-activities



FREE READING RESOURCES

Explore 80+ teaching notes for a human rights perspective on our recommended reads. Includes discussion questions and activities.
amnesty.org.uk/fiction



Story Explorer

Learning origami (above) with questions to spark discussion and critical thinking about justice, voice and dignity in fiction. Download or order: HRE039
amnesty.org.uk/story-explorer

OUR PICKS

Broaden minds with our Amnesty-endorsed titles about discrimination, sanctuary, family, bravery and more. **Find the full list of titles and download supporting educational activities at amnesty.org.uk/fiction**

Primary

I Want my Hat Back by Jon Klassen
Oliver by Birgitta Sif
Hello! A Counting Book of Kindnesses by Hollis Kurman
A Birthday for Ben by Kate Gaynor
I Have the Right to be a Child by Alain Serres and Aurélia Fronty (translator Sarah Ardizzone)
How to Heal a Broken Wing by Bob Graham

Upper Primary/Lower Secondary

The Journey by Francesca Sanna
The Weight of Water by Sarah Crossan
The Promise by Nicola Davies
Kick by Mitch Johnson
Two Weeks with The Queen by Morris Gleitzman
Free? Stories Celebrating Human Rights by different authors
In the Sea There are Crocodiles by Fabio Geda
The Kites Are Flying by Michael Morpurgo
The Unforgotten Coat by Frank Cottrell Boyce

Secondary

The Bone Sparrow by Zana Fraillon
Alpha by Barroux (illustrator) and Bessora
Lies We Tell Ourselves by Robin Talley
Noughts and Crosses series by Malorie Blackman
Chalkline by Jane Mitchell
Dark Parties by Sara Grant
Daughter of The Wind by Suzanne Fisher Staples
Dreamland by Lily Hyde
Ketchup Clouds by Annabel Pitcher
Red Leaves by Sita Brahmachari
Refugee Boy by Benjamin Zephaniah
Revolution Is Not a Dinner Party by Ying Chang Compestine
Secrets in the Fire by Henning Mankell
Shadow by Michael Morpurgo
Voices of Silence by Bel Mooney
To Kill a Mockingbird by Harper Lee

Buy books at amnestyshop.org.uk

HOW AMNESTY SUPPORTS EDUCATION

TEACHRIGHTS

Sign up to six e-newsletters a year that include free teaching resources, events, training and ideas for delivering human rights education.

amnesty.org.uk/teachrights

CONTINUING PROFESSIONAL DEVELOPMENT

Teachers deal with human rights issues daily. Integrating Human Rights Education into the classroom can transform teaching. Our 'Amnesty Teacher' course runs over an academic year and includes three online training sessions, tailored mentoring and practical assignments. It builds knowledge, shares resources, and equips teachers to train others in human rights education.

amnesty.org.uk/teacher-training-course-cpd



ONLINE LEARNING

Browse Amnesty's free courses on anti-racism, climate justice, freedom of expression, gender justice, human rights friendly schools, refugee and migrant rights, and more. Ideal for teachers to support own development, or for use with students age 16+, individually or in groups.

academy.amnesty.org
futurelearn.com/partners/amnesty

YOUTH ACTIVISM

Start an Amnesty youth group, and receive a termly planner, campaign actions, resources, staff support, plus join our AGM (£21 per year).

amnesty.org.uk/youth

FILMS TO WATCH

Amnesty global and Amnesty UK produce films to support human rights discussions.

youtube.com/amnestyinternational
youtube.com/amnestyinternationaluk

CAMPAIGN UPDATES

Join our network mailings for the latest on campaigns led by Amnesty UK activists and the office.

Anti-Racism Network

amnesty.org.uk/anti-racism-network

Children's Human Rights Network

amnesty.org.uk/childrens-network

Anti-Death Penalty Project

amnesty.org.uk/death-penalty-project-campaign

Disabled People's Human Rights Network

amnesty.org.uk/disabled-peoples-network

Feminist Network

amnesty.org.uk/feminist-network

Rainbow Network (LGBTI rights)

amnesty.org.uk/rainbow-network

Urgent Action Network

amnesty.org.uk/urgent

WELSH LANGUAGE RESOURCES

Find education materials available in Welsh.

amnesty.org.uk/welsh-language-resources

CLASSROOM TO COMMUNITY BLOG

Explore our blogs to help you connect campaigning to the classroom, bring human rights to life, and share education news. Includes bitesize activities for primary and up.

amnesty.org.uk/blogs/classroom-community

OUR WEBSITE

Explore our website for the latest on Amnesty's educational work, including news, resources and ideas for circle time, off-timetable activities, home learning, and drop-down days. Find training opportunities and teacher feedback too.

amnesty.org.uk/education

Learn more at amnesty.org.uk/education Email us sct@amnesty.org.uk

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