

AMNESTY INTERNATIONAL SUPPORTING HUMAN RIGHTS EDUCATION

Welcome to Amnesty's catalogue

Human rights belong to all of us. When we know what they are and how they are violated, we can stand up for ourselves and others. Amnesty supports teachers to engage students in understanding other people's feelings, critical thinking and active citizenship. We've reached tens of thousands of students in the UK. We provide teacher training and, as this catalogue shows, a huge range of ideas, resources and support across different ages and subjects.

Our in-depth teaching materials and lesson plans continue to teach across a wide range of themes. All help learning in the classroom or independently at home.

EASY WAYS TO ACCESS RESOURCES

Online Most of our resources are available as free downloads.

Order Resources in print format have a product code. Quote this with the quantity you require and your address.

☎ 01788 545553

✉ amnesty@staciuk.com

✉ Amnesty International UK, Staci, Swift Park, Old Leicester Road, Rugby CV21 1DZ

LEARN MORE

Contact us for advice on resources and how to be a more human-rights friendly school, or to tell us what you're doing.

☎ 020 7033 1500

✉ sct@amnesty.org.uk

amnesty.org.uk/education

RESOURCES + BOOKS

For teaching all ages

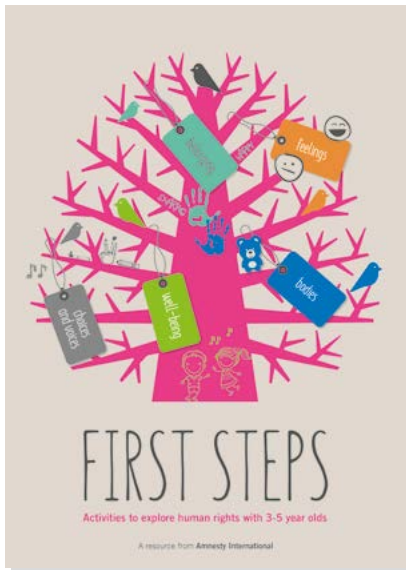


AMNESTY
INTERNATIONAL



ESSENTIAL SCHOOL PACKS

For these packs and other resources in Welsh: [amnesty.org.uk/welsh-language-resources](https://www.amnesty.org.uk/welsh-language-resources)



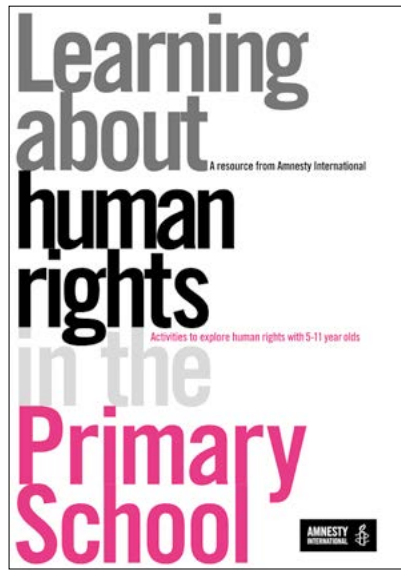
EARLY YEARS AGE 3-5

First Steps

English and Welsh

- Five lesson themes on feelings, relationships and belonging, choices and voices, well-being and bodies.
- Activities include stories, games, music, art and photography.

[amnesty.org.uk/early-pack](https://www.amnesty.org.uk/early-pack)



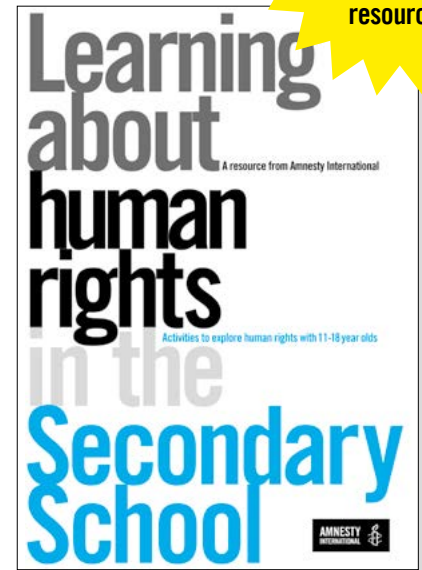
PRIMARY AGE 5-11

Learning about human rights in the Primary School

English and Welsh

- 10 lessons (five for ages 5-7, and five for ages 7-11).
- Subjects include global and fairtrade, poverty and inequality, identity and children's rights.

[amnesty.org.uk/primary-pack](https://www.amnesty.org.uk/primary-pack)



SECONDARY AGE 11-18

Learning about human rights in the Secondary School

English and Welsh

- Seven curriculum-linked lesson plans promoting human rights debate.
- Subjects include human rights in the UK, freedom of expression, LGBTI rights and refugees.

[amnesty.org.uk/secondary-pack](https://www.amnesty.org.uk/secondary-pack)

GET INVOLVED IN YOUTH CAMPAIGNING



First Steps: Setting up a Youth Group guide and poster

Age 11-18 How to do it and the difference youth groups make to members, schools and those you campaign for. [YA383](https://www.ya383.org/)

Films

Over To You Three youth groups take action. [vimeo.com/6716313](https://www.vimeo.com/6716313)

I Talk Out Loud: The Teacher's Cut

What it's like being the teacher leading an Amnesty youth group. [vimeo.com/29144250](https://www.vimeo.com/29144250)

Activism

Start an Amnesty youth group, and receive campaign actions, resources and staff support, plus participate in our AGM (£21 per year).

[amnesty.org.uk/youth](https://www.amnesty.org.uk/youth)

Join the Youth Friends of Amnesty Network for free monthly emails on ways to get involved in our work. See more [here](#)

POSTERS, FILMS, PASSPORT, POETRY

TURN YOUR PUPILS INTO POETS

Words That Burn resource

Age 11+

10 free sessions, each with poems, film and PowerPoints. With these, students can:

- explore the work of different poets and develop their own writing style;
- look at how poetry can be performed and the different ways to bring their own words to life;
- create a class or school anthology.

[amnesty.org.uk/wordsthatburn](https://www.amnesty.org.uk/wordsthatburn)

- A free Bite Size series for students to try independently. Each one introduces different poets, with film clips and quickfire writing activities to develop students' own poetry and writing style.

[amnesty.org.uk/hreblog](https://www.amnesty.org.uk/hreblog)



Poets Dean Atta and Valerie Bloom



'This resource has helped me to understand that the world isn't perfect. It has given me a way of allowing my imagination and creativity to process this.'

Year 8 student

'A devastatingly powerful resource... it unites the relationship between struggle, faith, freedom and justice.'

Teach Secondary magazine

POSTERS FOR YOUR WALL

Choose from the following free posters to support discussion about freedoms, rights and justice. Most include the rights set out in the Universal Declaration of Human Rights.

For different ages groups.

These Rights Are Our Rights

A1 Primary

English *ED073*

Welsh *ED138*



Universal Declaration of Human Rights

Undersize A2

Primary and Secondary (above)

English *ED153*

Welsh *ED152*

Poster Pack

Four posters

Primary *ED176*

Secondary *ED177*

Primary and Secondary *ED178*

Right Up Your Street

A2 Identify different rights in a street scene.

Primary and Secondary *ED142*

English and Welsh



Freedom Park

A2 Illustrates the right to freedom and safety (above).

Primary *HRE010A*

We Are All Born Free

A2 Article 1 of the Universal

Declaration of Human Rights. *HRE014*



POPULAR

MY RIGHTS PASSPORT

Age 11+ Contains a brief history of human rights and the articles set out in the Universal Declaration of Human Rights. Can be used with Primary and Secondary School packs (page 2).

English *ED112*

Welsh *ED113*

Class packs English *ED116*

FILMS TO WATCH



Amnesty produces films to help discuss human rights issues, for example:

When You Don't Exist (2.10 mins) imagines European refugees migrating to Africa. Search title on YouTube.



Behnoud's Story (5.40 mins) shows a lawyer in Iran trying to save Behnoud Shojae on death row (above).

[amnesty.org.uk/blogs/death-penalty](https://www.amnesty.org.uk/blogs/death-penalty)

• See more at

[youtube.com/user/amnestyinternational](https://www.youtube.com/user/amnestyinternational)

[vimeo.com/amnestyuk](https://www.vimeo.com/amnestyuk)

RESOURCES BY THEMES

Download the Universal Declaration of Human Rights simplified version: [amnesty.org.uk/udhr](https://www.amnesty.org.uk/udhr)



REFUGEES

Football Welcomes Refugees

Age 7-14 (can be adapted for older and younger students) Many footballers in the UK come from a refugee background. Case studies, video clips and activity ideas help to explain the current refugee crisis and how football can be used to support new arrivals.

📄 [amnesty.org.uk/football-pack](https://www.amnesty.org.uk/football-pack)

Seeking Safety

Age 7+ Eight interactive activities to explore asylum. Includes myth busting, why people become refugees, refugees' contributions and an interactive story encouraging students to draw parallels with their own lives.

📄 [amnesty.org.uk/seeking-safety](https://www.amnesty.org.uk/seeking-safety)

A Time to Flee

Age 11-16 A one-hour lesson on why people become asylum seekers and the difficulties and fears they face. Includes the story of Suada, 13, fleeing Bosnia, and a script for role play.

📄 [amnesty.org.uk/time-flee](https://www.amnesty.org.uk/time-flee)

Alpha activity pack

Age 14+ Bessora and Barroux's graphic novel shows the horrors of life as a refugee. Our pack explores the challenges Alpha experiences along his journey encompassing traffickers, refugee camps and a perilous crossing of the Mediterranean, with debate, role play and writing activities.

📄 [amnesty.org.uk/book-alpha](https://www.amnesty.org.uk/book-alpha)

The Journey activity pack

Age 5+ This beautifully illustrated book by Francesca Sanna sensitively but honestly explains the situation facing refugee families. It includes discussion questions and follow-up activities.

📄 [amnesty.org.uk/book-journey](https://www.amnesty.org.uk/book-journey)

The Bone Sparrow activity pack

Age 12+ This award-winning book by Zana Fraillon is about a 9-year-old living in a detention centre in Australia. The pack explores the characters and main themes, including refugees, human rights abuses, courage, freedom and protest. Suggested activities cover art, writing, web research and photography.

📄 [amnesty.org.uk/bone-sparrow](https://www.amnesty.org.uk/bone-sparrow)

TORTURE

Torture

Age 13+ Two one-hour lessons: investigate interrogation techniques and their use in relation to the UN Convention Against Torture.

📄 www.amnesty.org.uk/torture-pack

LGBTI RIGHTS

LGBTI Rights activity pack

Age 5-16 Six activities exploring the rights of sexual and gender minority groups. It promotes inclusion, positive language and tolerance, and considers hate crime.

📄 [amnesty.org.uk/lgbti-pack](https://www.amnesty.org.uk/lgbti-pack)

DEATH PENALTY

Learning about the death penalty English and Welsh

Age 14+ Includes debate, activities, films, case stories and an assembly.

📄 [amnesty.org.uk/death-penalty-pack](https://www.amnesty.org.uk/death-penalty-pack)

CHILDREN'S RIGHTS

Children's Rights Resource

Age 11-14 A range of activities, books and resources to support students to understand children's rights.

📄 [www.amnesty.org.uk/URL to come](https://www.amnesty.org.uk/URL%20to%20come)

In Conversation with Ishmael Beah

Age 11-14 Films and activities tell the story of Ishmael Beah, a child soldier at 13 in Sierra Leone.

📄 [amnesty.org.uk/child-soldier-pack](https://www.amnesty.org.uk/child-soldier-pack)

PRISONERS

Writing in Impossible Circumstances

Age 11+ Develop English skills and consider freedom of expression by exploring the stories of Anne Frank and other notable writers forced to write in prison or detention. Produced by Amnesty and The Anne Frank Trust.

📄 [amnesty.org.uk/anne-frank](https://www.amnesty.org.uk/anne-frank)

PROTEST

The Power of the Pen

Upper Primary, transition and Secondary versions available

How to take action for people at risk by writing letters. Develops literacy skills, persuasive action and self-expression. *HRE012*

📄 [amnesty.org.uk/pop](https://www.amnesty.org.uk/pop)

Human rights and solidarity

Age 7-13 Learn about human rights and how to show solidarity with key workers.

📄 [amnesty.org.uk/solidarity-resource](https://www.amnesty.org.uk/solidarity-resource)

Human rights and activism

Age 14-19 How human rights factor into the pandemic and how to be an activist.

📄 [amnesty.org.uk/activism-resource](https://www.amnesty.org.uk/activism-resource)

WOMEN'S RIGHTS

NEW

Women's rights and gender equality

The first four sessions plans in a new series challenging inequality and exploring gender justice: stereotyping, online violence and unpaid care work.

📄 [www.amnesty.org.uk/URL to come](https://www.amnesty.org.uk/URL%20to%20come)

Free online courses

Browse Amnesty's free online courses on themes including freedom of speech, human rights defenders, the right to protest, human rights friendly schools, and refugees. Open to all aged 15+, whether you are in school or college, at university, at home, taking the course as a group, or in your own time. Also available for teachers to use in class.

[amnesty.org.uk/online-learning](https://www.amnesty.org.uk/online-learning)

BOOKS FOR YOUNG PEOPLE

OUR BOOKS

Amnesty works with publishers, writers and illustrators developing books that explore human rights. We produce free resources for these titles and more for teachers, librarians and families to discuss these themes. We work with libraries to promote human rights and diverse voices in publishing.

Know Your Rights and Claim Them

Age 12+ Introduces rights and how they matter in relation to real life issues such as gender and racial equality, free expression, health and a clean climate, empowering young people to make meaningful change. £7.99 (Andersen Press)

amnestyshop.org.uk/know-your-rights



Imagine

Age 2+ Join a pigeon on a mission to spread peace. Uses John Lennon's lyrics and Jean Jullien's illustrations. £12.99 (Frances Lincoln)

amnesty.org.uk/imagine-activities



Dreams of Freedom

All ages Inspirational words on human rights from champions of freedom with beautiful pictures. £12.99 (Frances Lincoln)

amnesty.org.uk/dreams-freedom



We Are All Born Free

Age 6+ Thirty stunning illustrations interpret our rights from the Universal Declaration of Human Rights. £7.99 (Frances Lincoln)

amnesty.org.uk/born-free-activities

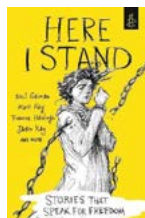
amnesty.org.uk/film-everybody



Here I Stand

Age 12+ Anthology by leading authors confronting big subjects of trafficking, FGM, racism and bullying. £9.99 (Walker Books)

amnesty.org.uk/here-i-stand



My Little Book of Big Freedoms

All ages Chris Riddell illustrates our freedoms and how they can help us. £7.99 (Amnesty branded)

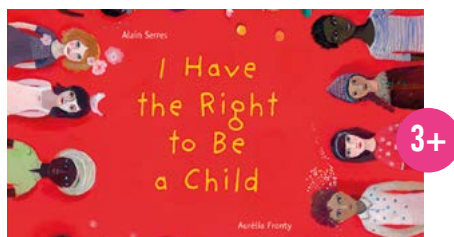
amnesty.org.uk/big-freedoms-activities



FREE ONLINE READING RESOURCES

Choose from an inspiring mix of over 80 online teaching notes for a human rights perspective on our growing collection of recommended reads. They include discussion questions and activities.

amnesty.org.uk/fiction



Origami Story Explorer HRE039

Story Explorer

Download or order our Story Explorer resource – this piece of learning origami includes questions designed to promote discussion and critical thinking. For example: What issues are being explored? Whose voices aren't being heard? Who is treated with respect and dignity? HRE039

amnesty.org.uk/story-explorer

OUR PICKS

Broaden minds with our Amnesty-endorsed titles about discrimination, sanctuary, family, bravery and more.

Find the full list of titles and download supporting educational activities at amnesty.org.uk/fiction

Primary

I Want my Hat Back by Jon Klassen

Oliver by Birgitta Sif

Hello! A Counting Book of Kindnesses by Hollis Kurman

A Birthday for Ben by Kate Gaynor

I Have the Right to be a Child by Alain Serres and Aurélie Fronty (translator Sarah Ardizzone)

How to Heal a Broken Wing by Bob Graham

Upper Primary/Lower Secondary

The Journey by Francesca Sanna

The Weight of Water by Sarah Crossan

The Promise by Nicola Davies

Kick by Mitch Johnson

Two Weeks with The Queen by Morris Gleitzman

Free? Stories Celebrating Human Rights by different authors

In the Sea There are Crocodiles by Fabio Geda

The Kites Are Flying by Michael Morpurgo

The Unforgotten Coat by Frank Cottrell Boyce

Secondary

The Bone Sparrow by Zana Fraillon

Alpha by Barroux (illustrator) and Bessora

Lies We Tell Ourselves by Robin Talley

Noughts and Crosses series by Malorie Blackman

Chalkline by Jane Mitchell

Dark Parties by Sara Grant

Daughter of The Wind by Suzanne Fisher Staples

Dreamland by Lily Hyde

Ketchup Clouds by Annabel Pitcher

Red Leaves by Sita Brahmachari

Refugee Boy by Benjamin Zephaniah

Revolution Is Not a Dinner Party by Ying Chang Compestine

Secrets in the Fire by Henning Mankell

Shadow by Michael Morpurgo

Voices of Silence by Bel Mooney

To Kill a Mockingbird by Harper Lee

BUY BOOKS AT amnestyshop.org.uk

HOW AMNESTY SUPPORTS EDUCATION

At the heart of our education work are educators who spread the word about human rights. Here are ways we offer support to help students develop and express their own ideas on human rights and justice in the classroom and at home.

TEACHRIGHTS

Sign up to receive six e-newsletters a year about new resources, events, training opportunities, news and competitions.

👉 amnesty.org.uk/teachrights

AMNESTY EDUCATORS

Our trained educators are available to support you to deliver human rights education in your school. This could include delivering remote or classroom-based workshops and presentations, supporting your lesson planning and facilitating longer-term whole-school projects.

👉 hre@amnesty.org.uk

CONTINUING PROFESSIONAL DEVELOPMENT

Teachers deal with human rights issues every day. Integrating Human Rights Education into the classroom can transform teaching. Our training includes workshops and innovative ways to engage students. We also run a three day 'Amnesty Teacher' course to develop teachers' knowledge of human rights issues, share resources and ideas for teaching, and equip participants to train other teachers. The first two days of the course will be held online in 2021/2022.

👉 amnesty.org.uk/teacher-training-course-cpd

TEACHER ADVISORY GROUP

Our Teacher Advisory Group meets three times a year to review Amnesty resources, plan new resources, explore Amnesty campaigns and consider how to engage students and teachers with human rights issues in schools. To join email teachers@amnesty.org.uk to request an application form.

👉 amnesty.org.uk/join-our-teacher-advisory-group



WORDS THAT BURN

Support your students to explore and express human rights through poetry. We have produced a full teaching resource, with 10 sessions, and a Bite Size series for self-directed learning, with shorter writing activities to try at home. In both, students engage with the work of a diverse range of inspirational poets and take part in ways to build confidence in expressing opinions, writing and performing. This national project was developed in partnership with Cheltenham Festivals. See page 3. For the inspiring poets featured see amnesty.org.uk/words-burn-poet-directory.

👉 amnesty.org.uk/wordsthatburn

AMNESTY YOUTH GROUPS

Amnesty youth groups across the UK are mostly based in schools, and help develop the skills needed to campaign for human rights and allow young people to realise they have a voice. See our resources on page 2 on how to join or set one up.

👉 amnesty.org.uk/youth

CLASSROOM TO COMMUNITY BLOG

The human rights education team at Amnesty UK blogs on how to help you connect campaigning to the classroom, bring human rights into teaching and other education news. This is where you'll find our Bite Size resources.

👉 amnesty.org.uk/hreblog

OUR WEBSITE

Explore our website for information on Amnesty's educational work. It is updated regularly with news and new resources, with ideas for circle time, off-timetable, home online learning, and drop-down days. You'll find information on training opportunities, including feedback from teachers on our teacher training course.

👉 amnesty.org.uk/education

Learn more at amnesty.org.uk/education
Contact us on **020 7033 1500** or sci@amnesty.org.uk